

CLEANING & DISINFECTION GUIDANCE FOR COVID-19

Background:

In December 2019, a new respiratory disease called Coronavirus Disease 2019 (COVID-19) was detected in China. Covid-19 is caused by a virus (SARS-CoV-2) that is part of a large family of viruses called coronaviruses. To help prevent the spread of COVID-19, clinics should continue to educate students, visitors, and staff about proper hygiene.

Hand Hygiene:

Regular hand washing with soap and water for at least 20 seconds should be done:

- Before eating
- After sneezing, coughing, or nose blowing
- After using the restroom
- Before handling food
- After touching or cleaning surfaces that may be contaminated
- After using shared equipment like computer keyboards, phones, and mice

If soap and water are not available, use an alcohol-based hand sanitizer (with 60-95% alcohol).

Respiratory Hygiene:

- Covering coughs and sneezes with tissues or the corner of elbow
- Disposing of soiled tissues immediately after use.

Checklist for parent disinfecting team volunteers

Cleaning and Disinfection of CHET:

1. Cleaning and disinfection of high contact surfaces that are touched by many different people, such as:
 - Light switches
 - Handrails
 - Doorknobs/handles and push plates
 - Desks and chairs
 - Breakroom tables and chairs
 - Buttons on water fountains
 - Shared computer keyboards and mice

2. Removing trash
3. Cleaning restrooms
4. Spot cleaning walls
5. Spot cleaning carpets
6. Cleaning spills

*Establish a regular cleaning schedule for shared environmental surfaces.